



**GUIDELINE**

COUNSEL · COMPASSION · COHERENCE

# The Roles I Play

*Father*

*Son*

*Uncle*

*Husband*

**1.**

*Student*

*Friend*

*Professional*

*Caretaker*

*Advisor*

*Confidant*

*Brother*

*Provider*

**2.**

Role	What I expect of myself	What others expect of me
a.		
b.		
c.		
d.		
e.		

**3.**

- Which expectation feels the heaviest?
- Which one feels unfair?
- Which one(s) match who you really are?

